

Nome: _____	Classificação: _____
Ano: _____ Turma: _____ Número: _____ Data: _____/_____/____	
Professor: _____	

1. **Listen to the text and fill in the blanks with the words below.**



wake up - get dressed - downstairs - gets up - o'clock

canteen - hang out - usually - snack - reading

I usually wake up at half past seven to go to school. First I go to the bathroom and have a quick shower. Then I get dressed. I usually wear my school uniform. I make my bed and then I take my schoolbag downstairs.

I have breakfast in the kitchen with my brother and my mother. My father gets up at around half past six and he goes to work at seven o'clock. My breakfast is quite simple: just a glass of milk and some toast. Then my mother drives us to school. It's not very far so I get to school at around half past eight.

After my morning lessons I always have lunch in the school canteen with my best friends. Then we hang out in the playground. At around quarter to two it's time for my afternoon classes.

I usually get home at five o'clock. I have a quick snack and I do my homework immediately. Then it's time for some fun: watching TV, reading or listening to music before dinner.

2. **This is Michael's daily routine. Fill in the gaps with an appropriate verb.**

Michael wakes up every day at 6:40 a.m. Then he has a shower and brushes his teeth. He gets dressed and then he goes downstairs to have breakfast. He usually eats bread, cereals and drinks tea. He leaves home at 8:15 a.m. and rides his bicycle to school. School starts at 8:30 a.m. and he has lessons until lunch time. After lessons he normally arrives home at 4 p.m. He has dinner with his parents at 8 p.m. In the evenings, Michael does the homework, watches TV or plays some videogames. He goes to bed at 11 p.m.

3. Write about what Jack did or didn't do yesterday. Look at the list.

<p>In the morning</p> <ul style="list-style-type: none">- play football ✓- listen to music X- help mum cook lunch ✓ <p>In the afternoon</p> <ul style="list-style-type: none">- tidy up his bedroom X- water his neighbour's plants ✓- phone his best friend ✓- visit grandparents X <p>In the evening</p> <ul style="list-style-type: none">- study X- watch TV ✓

1. In the morning Jack played football but he didn't listen to music. Then he helped his mum cook lunch.

2. In the afternoon he didn't tidy up his bedroom but he watered his neighbour's plants. He also (phoned) his best friend.
He didn't visit his grandparents.

3. In the evening he didn't study. He watched TV.

4. Read the text and decide if the sentences are True or False.

John wakes up at seven o'clock in the morning. He doesn't like to be late to school so he hurries up in the morning. He has a very quick shower and then he gets dressed. He prepares his breakfast. He has a glass of milk and some toast. After breakfast he brushes his teeth and tidies up his room.

He goes to school on foot because it's not very far. He sometimes rides his bike to school especially when it's sunny. School starts at half past eight. He likes school because he hangs out with his best friends there.

At half past four he goes home and immediately does his homework. Then he has a snack. After that he plays the guitar or just listens to music.

When his parents get home they all help with dinner. His father cooks, his mother lays the table and he puts the dishes in the dishwasher.

He goes to bed around half past ten.

1. John is sometimes late to school. (☒ False | ☐ True)
2. He has a bath in the morning. (☒ False | ☐ True)
3. He makes his bed after breakfast. (☒ True | ☐ False)
4. He walks to school. (☒ True | ☐ False)
5. He can play an instrument. (☒ True | ☐ False)
6. John's mother does the washing up after dinner. (☒ False | ☐ True)

5. **Listen to Peter talking about his daily routine and select the correct activity.**



Hi! My name is Peter and this is my usual daily routine. I (☒ get up | ☐ wake up) at 7 a.m. and then I (☐ have a bath and brush my hair | ☒ have a shower and brush my teeth). For breakfast, I usually eat a bowl of cereal and drink a glass of milk because I don't have too much time. I have to catch the bus, so I (☒ leave home | ☐ leave my house) at 8 a.m. and I (☒ get to school | ☐ arrive to school) at 8:20 a.m. Lessons start at 8:30 a.m. and finish at 1:30 p.m. I (☐ eat lunch | ☒ have lunch) at the school canteen. During the afternoon I (☐ have lessons | ☒ have classes), but not on all days.

In the evening I sometimes (☒ have basketball practice | ☐ go for a walk), but normally I (☒ do my homework | ☐ do the house chores) or chat with my friends online. I am always very tired, so I (☐ fall asleep | ☒ go to bed) at 11 p.m. I must be fresh for a new day!