



iLearn7

7.º Ano

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TIME AND DAILY ROUTINE

TIME AND DAILY ROUTINE

Asking the time

Excuse me, what time is it?

Excuse me, what's the time?

Can you tell me the time, please?

Have you got the time, please?



Telling the time

It's five past three.

It's three oh five.

It's twenty-five to four.

It's three thirty-five.

TIME AND DAILY ROUTINE

At 7:30

I wake up.



At 7:40

I have a shower.



I brush my teeth.



I comb my hair.



At 7:55

I get dressed.



TIME AND DAILY ROUTINE

At 8:10

I have breakfast.



**A cup of milk,
cereals, a
toast with
butter and
jam.**

At 8:15

I go to school...



**...on foot
...by bus
...by car**

At 8:45

I start my lessons.



TIME AND DAILY ROUTINE

Until 12:45

I read.



I speak.

Blá,blá,
blá...

I write.



I play with friends.



At 13:00

I have lunch at school.



At 16:45

I go back home.



TIME AND DAILY ROUTINE

At home

I do my homework.



Then,

I play football.



I ride my bike.



I watch TV.



I listen to music.



I play computer games.



I send mobile messages.



TIME AND DAILY ROUTINE

At 20:00

I have dinner and talk to my parents.



At 10:30

I go to bed and I sleep.



TIME AND DAILY ROUTINE

At the weekend,

I always...

...go to the football training.

...wash my father's car.

...clean my room.

...visit my grandparents.



TIME AND DAILY ROUTINE

On Saturdays...

I sometimes...

...take a nap.

...go to the cinema.

...go shopping with my
parents.

...sing in the choir.



TIME AND DAILY ROUTINE

On Sundays...

I never...

...get up early.

...help in the kitchen.

...stay out late.

...study more than one hour.

