

Nome: _____				Classificação: _____
Ano: _____	Turma: _____	Número: _____	Data: _____	
_____	_____	_____	____/____/____	
Professor: _____				

1. **Listen to the text and fill in the blanks with the words below.**



**wake up - get dressed - downstairs - gets up - o'clock**

**canteen - hang out - usually - snack - reading**

I usually \_\_\_\_\_ at half past seven to go to school. First I go to the bathroom and have a quick shower. Then I \_\_\_\_\_. I usually wear my school uniform. I make my bed and then I take my schoolbag \_\_\_\_\_.  
 I have breakfast in the kitchen with my brother and my mother. My father \_\_\_\_\_ at around half past six and he goes to work at seven \_\_\_\_\_. My breakfast is quite simple: just a glass of milk and some toast. Then my mother drives us to school. It's not very far so I get to school at around half past eight. After my morning lessons I always have lunch in the school \_\_\_\_\_ with my best friends. Then we \_\_\_\_\_ in the playground. At around quarter to two it's time for my afternoon classes.  
 I \_\_\_\_\_ get home at five o'clock. I have a quick \_\_\_\_\_ and I do my homework immediately. Then it's time for some fun: watching TV, \_\_\_\_\_ or listening to music before dinner.

2. **This is Michael's daily routine. Fill in the gaps with an appropriate verb.**

Michael \_\_\_\_\_ every day at 6:40 a.m. Then he has a shower and \_\_\_\_\_ his teeth. He \_\_\_\_\_ dressed and then he goes downstairs to \_\_\_\_\_ breakfast. He usually \_\_\_\_\_ bread, cereals and drinks tea. He \_\_\_\_\_ home at 8:15 a.m. and \_\_\_\_\_ his bicycle to school. School \_\_\_\_\_ at 8:30 a.m. and he has lessons until lunch time. After lessons he normally arrives home at 4 p.m. He \_\_\_\_\_ dinner with his parents

at 8 p.m. In the evenings, Michael \_\_\_\_\_ the homework, \_\_\_\_\_ TV or \_\_\_\_\_ some videogames. He goes to bed at 11 p.m.

3. **Write about what Jack did or didn't do yesterday. Look at the list.**

<p><b>In the morning</b></p> <ul style="list-style-type: none"><li>- play football ✓</li><li>- listen to music X</li><li>- help mum cook lunch ✓</li></ul> <p><b>In the afternoon</b></p> <ul style="list-style-type: none"><li>- tidy up his bedroom X</li><li>- water his neighbour's plants ✓</li><li>- phone his best friend ✓</li><li>- visit grandparents X</li></ul> <p><b>In the evening</b></p> <ul style="list-style-type: none"><li>- study X</li><li>- watch TV ✓</li></ul>
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1. In the morning Jack \_\_\_\_\_ football but he \_\_\_\_\_ to music. Then he \_\_\_\_\_ his mum cook lunch.

2. In the afternoon he \_\_\_\_\_ up his bedroom but he \_\_\_\_\_ his neighbour's plants. He also .(phoned) his best friend. He \_\_\_\_\_ his grandparents.

3. In the evening he \_\_\_\_\_. He \_\_\_\_\_ TV.

4. **Read the text and decide if the sentences are True or False.**

John wakes up at seven o'clock in the morning. He doesn't like to be late to school so he hurries up in the morning. He has a very quick shower and then he gets dressed. He prepares his breakfast. He has a glass of milk and some toast. After breakfast he brushes his teeth and tidies up his room.

He goes to school on foot because it's not very far. He sometimes rides his bike to school especially when it's sunny. School starts at half past eight. He likes school because he hangs out with his best friends there.

At half past four he goes home and immediately does his homework. Then he has a snack. After that he plays the guitar or just listens to music.

When his parents get home they all help with dinner. His father cooks, his mother lays the table and he puts the dishes in the dishwasher.

He goes to bed around half past ten.

1. John is sometimes late to school. ( ☐ True | ☐ False )
2. He has a bath in the morning. ( ☐ False | ☐ True )
3. He makes his bed after breakfast. ( ☐ True | ☐ False )
4. He walks to school. ( ☐ False | ☐ True )
5. He can play an instrument. ( ☐ True | ☐ False )
6. John's mother does the washing up after dinner. ( ☐ False | ☐ True )

5. **Listen to Peter talking about his daily routine and select the correct activity.**



Hi! My name is Peter and this is my usual daily routine. I ( ☐ get up | ☐ wake up ) at 7 a.m. and then I ( ☐ have a bath and brush my hair | ☐ have a shower and brush my teeth ). For breakfast, I usually eat a bowl of cereal and drink a glass of milk because I don't have too much time. I have to catch the bus, so I ( ☐ leave home | ☐ leave my house ) at 8 a.m. and I ( ☐ get to school | ☐ arrive to school ) at 8:20 a.m. Lessons start at 8:30 a.m. and finish at 1:30 p.m. I ( ☐ have lunch | ☐ eat lunch ) at the school canteen. During the afternoon I ( ☐ have lessons | ☐ have classes ), but not on all days.

In the evening I sometimes ( ☐ go for a walk | ☐ have basketball practice ), but normally I ( ☐ do the house chores | ☐ do my homework ) or chat with my friends online. I am always very tired, so I ( ☐ go to bed | ☐ fall asleep ) at 11 p.m. I must be fresh for a new day!